OUR MISSION
The Community Food Bank of Central Alabama feeds people in need today and fosters collaborative solutions to end hunger tomorrow.
Dear Friends,

In 1982 a small group of committed volunteers worked side by side with the United Way of Central Alabama to open the Community Food Bank’s doors – we were the very first food bank in the state. Since then, we have provided millions of meals to families, seniors, veterans, and neighbors who struggle to pay for food and other basic needs like medicine or rent. Today, the demand for our critical services remains high.

There are nearly a quarter million people in Central Alabama who are food insecure – over 75,000 of whom are children. This figure is staggering and exceeds the entire population of the Homewood, Bessemer and Anniston combined. The stories of these children spurred the Community Food Bank’s Board of Directors to take the bold step this year to broaden our mission with a two-pronged approach to solving hunger.

In addition to providing emergency meals, we will also work to address hunger’s root causes so there are fewer children, seniors, and families at risk. We will continue to supply millions of meals per year to our network of over 200 food pantries, shelters, and children programs in Central Alabama, and where we see a gap in service, we will partner with others to ensure the needs of especially vulnerable populations are met. Our new mission is to feed people in need today AND foster collaborative solutions to end hunger tomorrow.

For example, this year, after we learned that 95% of the children we serve in our Weekenders Backpack program were sharing the meals we gave them with younger siblings, we piloted a mobile school pantry service called the Family Market. In this pilot program, we are partnering with schools and local churches to deliver fresh fruits, vegetables and other staples to families referred to the program by school principals. This innovation has helped us serve more children with healthier food options like fresh produce and whole grains.

With our expanded mission, we’re looking forward to pursuing proactive strategies aimed at addressing hunger’s root causes through collaboration. In partnership with such an innovative, generous community, we believe we can meet this challenge and ensure everyone in Central Alabama has the nutritious foods they need to lead healthy, active lives.

Sincerely,

George Bradford
President
Thousands of hardworking Alabamians do not know where their next meal will come from. For the nearly quarter-million food insecure individuals residing in the Community Food Bank of Central Alabama’s 12-county service area, putting food on the table every day is a struggle and often means making impossible choices.

For many of these families it means choosing between paying for utilities or food for their children when money is tight. The true face of hunger is a mother working two jobs, seniors on fixed incomes, children struggling to learn on empty stomachs, a father skipping meals so his children can eat. Hunger is not a problem that we can easily see, perhaps because its stigma causes people to hide their need.

Research, however, shows that many families are increasingly relying on food pantries as a part of their long-term strategy to put food on the table. For 34 years we have led community efforts to provide food to these struggling families in Central Alabama.
HOW WE HELPED IN 2016

11.1 MILLION MEALS PROVIDED

8 meals can be provided for every dollar $1

$0.95 of every dollar directly supports our programs

65,105 people served each month

We service 12 Central Alabama counties.

We service 12 Central Alabama counties.
Agency Partners

“When I first took over the food pantry, our church was feeding about 20 families. The contents of the bags were mostly soup, canned vegetables, rice, and sometimes tuna, peanut butter and jelly. With what was provided, the family would have difficulties making one complete meal.

Working together [with the Food Bank] we now are able to serve on average about 475-500 people each month. Each family receives frozen meat, fresh vegetables, bread or rolls, milk or juice and non perishable foods. I compile menus to help them prepare meals from what is provided.

I think, ‘If I won’t serve this to my family, why would I expect the clients to serve it to theirs?’ The friendships made have been many as the Community Food Bank provides an opportunity to serve quality, nutritious food to those that struggle.”

-Lexie Hembree
Christ Central UMC, Rainbow City
It is estimated that more than 800 million pounds of wholesome food is thrown away by grocery stores in the United States every year. The Community Food Bank of Central Alabama partners with local grocery stores to prevent these fruits, vegetables, meats, and dry goods from being needlessly discarded.

Five days a week our fleet of refrigerated trucks picks up food donations from over 100 local grocers. We work closely with each grocery store’s staff to teach them how to donate close-to-code food that is no longer shelf-worthy but still healthy and wholesome.

Food Bank staff and volunteers then inspect and sort all donations to ensure food safety prior to distribution. The program saves millions of meals from going to waste in landfills and instead feeds thousands of our region’s most vulnerable residents.

This year the Food Bank and our retail grocery store partners saved more than 5.9 million pounds of food from going to waste. Instead, these wholesome foods provided over 4.9 million meals to feed neighbors at risk of hunger across Central Alabama.

“Helping others and feeding the local community is what is important with our perishable donation program,” says Zac Childress, manager of Walmart on Parkway East in Birmingham.

“I am very proud of our team’s commitment and efforts. We are making sure edible foods like fruit and healthy produce go towards a great cause to help our neighbors in need of a meal.”
KIDS MEAL CAMPAIGN

In our region, more than 75,000 children lack sufficient nutritious food to grow, thrive and achieve – more than the population of Homewood, Bessemer and Anniston combined. Food insecurity exposes these children to the risk of delayed cognitive development, behavioral problems, and diet-related diseases. Our Kids Meal Campaign offers a continuum of interconnected services to ensure that all children have year-round access to healthy food choices.

Weekenders Backpack Program

Free and reduced price school meals sustain thousands of children in Central Alabama during the week, but what happens to these students over the weekend? After receiving reports from teachers about children arriving to school hungry on Monday mornings, we launched the Weekenders Backpack program that provides weekend meal kits to children on Fridays so they arrive to school Monday ready to learn without the distraction of hunger.

In 2016, we provided 98,726 weekend meals to 1,399 kids at risk of hunger in Central Alabama.
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98,726 weekend meals

served to 1,399 kids

I like my backpack because sometimes we don’t have enough money to buy me snack.
Weekenders Family Market

Through surveys we discovered 95% of children in the Weekenders Backpack Program were sharing their meal kits with siblings or parents. **Weekenders Family Market program is a food pantry on wheels that delivers fresh fruits, vegetables, and other staples to entire families referred to the program by school principals.** It is open at convenient times when parents are picking up or dropping off their children at school. We piloted **8 school pantries** in St. Clair and Blount Counties. This innovation helped us serve more children with healthier food options and strengthened relationships between parents and school administrators. In our first semester, **we provided 42,251 meals to 1,197 families.**

“I cannot express to you how much the Weekenders Market has meant to our families. One of our families includes a grandmother and her grandchild. The grandmother is in poor health and cannot work. She receives no assistance from the child’s parents for food or clothing etc. Previously there was a step-grandfather. However, he now has passed and his income in turn is no longer available. We as a school were not aware of these circumstances. I asked her one day in casual conversation how things were going and she began to weep and shared her story. She said she could not make ends meet and was trying to keep food in their home. I was able to tell her about our wonderful partnership Community Food Bank and our Weekenders Family Market. She has since that time received a box of food and the available produce each month. She always hugs each of us and weeps a little while expressing gratitude for the very gracious gift the Weekenders Family Market provides.”

- Kathy Tice, Principal of Moody Elementary
FRESH TO YOU

Our Mobile Pantries deliver fresh fruits, vegetables, and other healthy staples to communities where low-income residents have limited transportation, high rates of diet-related diseases, and no access to charitable feeding programs within the neighborhood’s borders.

This year we provided **164,713 meals** to 4,914 seniors, neighbors, and family members in need through this mobile service to three communities in Tarrant, Montevallo, and Jacksonville. This effort would not be possible without the generous support of the Junior League of Greater Birmingham and BBVA Compass volunteers.

**3 SITES OPERATED EVERY MONTH IN TARRANT, MONTEVALLO, & JACKSONVILLE**

![Mobile Pantry Image]

10% increase over 2015

160,000+
MEALS DISTRIBUTED
RX HEALTH

In our RX Health program, we partner with medical providers to serve families facing catastrophic illnesses who cannot afford hospital guest meals. For example, we have established charitable food pantries within neonatal intensive care units in order to provide nutritious meals to under-nourished mothers of critically ill infants.

What many people do not realize is that babies born premature spend on average **16 weeks in intensive care**. While children are under the hospital’s care, parents are responsible for their own meals. The average cost of a well-balanced meal at a hospital cafeteria is $24.00 a day. Due to these high costs, many mothers often go without eating.

The catalyst for our first hospital pantry at UAB’s Regional Neonatal Intensive Care Unit was a nurse’s story of a mother who had eaten only two meals in one week but feared asking for help. The hospital pantry prevents these situations by providing critical nourishment to mothers during their child’s hospital stay. To meet the nutrition needs of nursing mothers, we stock the hospital pantry with specialty foods such as tuna, protein bars, and other high-in-protein meals. For many mothers, these pantries made it possible for them to fully participate in the care of their premature babies.

In 2016, we provided mothers and other family members with **2,618 meals** enabling them to focus on the care of their infants without the distraction of hunger.
SNAP OUTREACH

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, ensures access to nutritious foods for our citizens. Our SNAP Outreach Program works with community organizations and volunteers to reach households struggling with hunger who qualify for SNAP but face barriers to beginning the application process. Improving SNAP participation among eligible families allows food bank agencies and community organizations to direct more resources to food insecure households that are just above the SNAP qualification threshold. SNAP Outreach staff coordinate services at local organizations with clients needing food assistance, providing general SNAP information, as well as in-person assistance with the application process.

In 2016, we offered screenings at 272 community events and helped 499 families apply for SNAP benefits. We estimate that these benefits provided the equivalent of 438,704 meals to residents of Central Alabama.
## FINANCIALS: FY 2016

### SUPPORT AND REVENUE

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<th>UNRESTRICTED</th>
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### GRANTS AND CONTRACTS

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### EXPENSES

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|                                | UNRESTRICTED | TEMPORARILY RESTRICTED | TOTAL    |
| CHANGE IN NET ASSETS         | $(102,746)   | $273,661               | $170,915 |
| NET ASSETS, BEGINNING OF YEAR | $2,885,279   | $91,072                | $2,946,351 |
| NET ASSETS, END OF YEAR      | $2,752,533   | $364,733               | $3,117,266 |
GROCERY STORE DONORS

OVER 150,000 POUNDS
Walmart #809
Walmart #5113
Walmart #301
Walmart #1201
Sam’s Club #8247
Walmart #2713
Walmart #3271
Walmart #2111
Walmart #562

OVER 100,000 POUNDS
Sam’s Club #8212
Walmart #5262
Walmart #762
Walmart #4330
Walmart #315
Sam’s Club #4836
Walmart #730
Walmart #423
Walmart #3386
Publix #1508
Walmart #1229

OVER 50,000 POUNDS
Sam’s Club #4724
Sam’s Club #4817
Publix #1476
Walmart #4497
Walmart #329
Walmart #409
Walmart #5126
Walmart #1158
Walmart #1711
Target- Inverness
Walmart #316
Walmart #4504
Walmart #764
Walmart #4189
Winn-Dixie #400
Walmart #1481
Publix #1391

OVER 15,000 POUNDS
Walmart #300
Walmart #5100
Publix #1200
Walmart #4756
Sprouts #482
Walmart #4580
Target- Hoover
Publix #1069
Trader Joe’s #737
Publix #1370
Walmart #287
Publix #1206
Publix #842
Publix #1202
Publix #1545
Walmart #2723
Walmart #3424
Publix #1074
Publix #1082
Publix #1085
Publix #1420
Winn-Dixie #509
Publix #1059
Walmart #3184
Winn-Dixie #445
Publix #1281
Winn-Dixie #429
Winn-Dixie #462
Target #1773
Sprouts #483
Walmart #432
Publix #882
Winn-Dixie #447
Publix #838

Over 10,000 POUNDS
Target – Fultondale
Winn-Dixie #517
Publix #841
Publix #1065
Winn-Dixie #525
Publix #1207
Publix #839
Target #2796
Aldi #32
Winn-Dixie #595
Target – Oxford
Winn-Dixie #434
Sprouts #480
Walmart #763
CORPORATE GROUPS AND FOUNDATION DONORS

$25,000+
Community Foundation of Greater Birmingham
Enterprise Holdings Foundation
Feeding America
Joseph S. Bruno Charitable Foundation
Morgan Stanley
Publix Super Markets Charities, Inc.
The Walmart Foundation
United Way of Central Alabama

$10,000-$24,999
Alabama Power Foundation, Inc.
General Mills, Inc.
Junior League of Birmingham
Kellogg Company
McGriff, Seibels, & Williams, Inc.
The Red Nose Day Fund
Walker Area Community Foundation

$5,000-$9,999
BBVA Compass Charity
Bette & Fred Powell Designated Fund
BoardWalk Consulting
Campbell Soup Company
Honey & Ace Fund
PepsiCo Walmart Inc.
Susan Mott Webb Charitable Trust
Tenet Health
The TJX Companies, Inc.
The TJX Foundation, Inc.
Wells Fargo Foundation

$1,000-$4,999
Alabama Grocers Education Foundation
Baker Donelson Bearman Caldwell & Berkowitz
Birmingham International Forest Products, LLC
CentiMark
ConAgra Brands Foundation
Darden Restaurants
Disc Golf Birmingham, Inc.
Dixon Hughes Goodman Foundation Inc.
Earth Fare
FordHarrison LLP
Hirschowitz Family Fund
House Consultants, Inc.
John & Diane North Fund
Lambda Chi Alpha Sigma-Chi Zeta
LPL Financial
Macy's
New Pilgrim Mission
PLUS Foundation
Shipt, Inc.
Shunnarah Injury Lawyers, P.C.
Southern Power
The CarMax Foundation
The Cheesecake Factory, Inc.
The Daniel Foundation
The Steiner Foundation
The Woodforest Charitable Foundation

$100-$999
Allstate Insurance Company
APCO Graphics Inc.
AREA
AT&T Employee Giving Campaign
Belt & Bruner, P. C.
Birmingham Bulls
Birmingham Orthodontics
Boisclair Charitable Fund
Brookwood Baptist Medical Center
Cahaba Dental Arts
Cantina on Wheels
Cory Watson Attorneys
CW Christensen Charitable Fund
Dreamcakes Bakery
Eugene's Hot Chicken, LLC
Family Dollar
Fidelity Charitable
First Baptist Church Woodlawn
General Mills, Inc.
Greater Temple Baptist Church
Harmony Street Baptist Church
Kiwanis Club of Birmingham
Lewis, Feldman, Lehan & Snable, LLC
Louise L. and William J. Nealy Designated Fund
Merrill Lynch, Pierce, Fenner, & Smith Inc.
Neighborhood Management Group
O'Henry's Coffees
Off the Hook
Pappas Restaurants, Inc.
Presbytery of Sheppards and Lapsley
Princeton Baptist Medical Center
Project Management Institute
Rhea, Boyd, Rhea Attorneys
Rita & Sol Kimerling Family Advised Fund
SAIC
Schwab Charitable Fund
Shelby Baptist Medical Center
Shelby Baptist Patient Access and Communications Dept
Sirote & Permutt, PC
Steel City Pops
The Coggin Firm, LLC
The Henry & Melinda King Giving Fund
The Pampered Chef
VIVA Health Plan
Wallace, Jordan, Ratliff & Brandt, LLC
White Arnold & Dowd
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Walker County

Nancy Waters
Reaching Out International
Cleburne & Calhoun Counties

Pam Williams-Osborne
Faith Chapel Christian Center
Jefferson County
2016 ANNUAL REPORT

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Deb White
Director of Agencies & Programs

Crys Martin
Director of Development & External Relations

Jon Barnacastle
Programs Coordinator

Emma Simmons
Development Associate

Laronica Conway
Agency Operations Associate

Aoife Dowd
Child Hunger Corps Member

Eva Trinh
Evaluation & Grants Specialist

Kristina Habchi
Agency & Programs Coordinator

Josh Matthews
Food Sourcing Coordinator

Robbie Pine
Food Procurement Coordinator

Andrea Sumners
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Pamela Williams-Osborne
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Doug Jones
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De’Janae Gray
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Sarah Simmons
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Barry Washburn  
Salvage Coordinator

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Warehouse Associate

Gerald Cumbie  
Warehouse Associate

Tommie Frazier  
Warehouse Associate

Donald Hardwick  
Warehouse Associate

Darrell Paige  
Warehouse Associate

Joseph Stewart  
Warehouse Associate

Mike Tall  
Warehouse Associate/Driver

Howard Burnett  
Driver

Rickie Carter  
Driver

Bobbie Delander  
Driver

Mario Dorsey  
Driver

Ronnie Harbison  
Driver

Larry Kotlik  
Driver