

2018

ANNUAL REPORT

COMMUNITY 
foodbank
OF CENTRAL ALABAMA





OUR MISSION

The Community Food Bank of Central Alabama feeds people in need today and fosters collaborative solutions to end hunger tomorrow.

Dear Friends,

In 1982, a small group of committed volunteers worked side by side with the United Way of Central Alabama to open the Community Food Bank's doors - we were the very first food bank in the state. Since then, we have provided millions of meals to seniors, veterans, and hardworking families who struggle to pay for food and other basic needs like medicine or rent. Today, the demand for our critical services remains high.

In addition to providing emergency meals, we also work to address hunger's root causes so there are fewer children, seniors, and families at risk. We will continue to supply millions of meals per year to our network of over 200 food pantries, shelters, and children's programs in Central Alabama. Where we see a gap in service, we will partner with others to ensure the needs of especially vulnerable populations are met. Our mission is to **feed people in need today AND foster collaborative solutions to end hunger tomorrow.**

There are nearly a quarter-million people in Central Alabama who are food insecure - over 68,000 of whom are children. For many children, school lunches are their most nutritious and reliable meals. Thus, when schools close over holidays or summer break, children are at risk of hunger. The stories of these children inspired us to launch new Family Markets at seven additional schools this year and grow our free summer lunch program from seven to fourteen sites.

This year, we provided over 77,000 free summer meals to over 1,200 children across four counties. These meals consisted of hearty, nutritious foods as well as locally grown snacks. The kids liked being able to talk about where their fresh blackberries came from and about the farmer who grew them. Their smiles, dripping with purple berry juice, told us that they loved the snack too!

We have also expanded our partnerships to include UAB's Benevolent Fund who helps us provide a pantry stocked with fresh foods for UAB students and employees in need. We continue looking forward to pursuing proactive strategies aimed at addressing hunger's root causes through collaboration. In partnership with such an innovative, generous community, we believe we can meet this challenge and ensure everyone in Central Alabama has the nutritious foods they need to lead healthy, active lives. TOGETHER, We Can Solve Hunger!

Sincerely,



George Bradford
President



THE CHALLENGE

Well over 230,000 hardworking Alabamians do not know where their next meal will come from. For the nearly quarter-million food insecure individuals residing in the Community Food Bank of Central Alabama's 12-county service area, putting food on the table every day is a struggle and often means making impossible choices among basic needs.

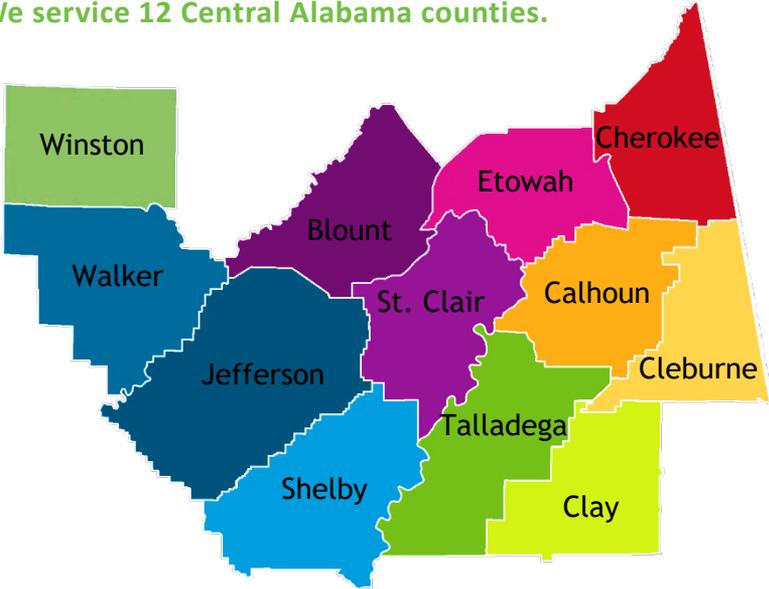
For many of these families, it means choosing between paying for utilities or food for their children when money is tight. The true face of hunger is a mother working two

jobs, seniors on fixed incomes, children struggling to learn on empty stomachs, a father skipping meals so his children can eat. Hunger is not a problem that we can easily see, perhaps because its stigma causes people to hide their need.

Research shows that many families are increasingly relying on food pantries as a part of their long-term strategy to put food on the table. For 36 years the Food Bank has led community efforts to provide food to these struggling families.



We service 12 Central Alabama counties.



HOW WE HELPED



AGENCIES

225 Agencies



Agency Partners

In 2018, our agencies distributed 13,427,239 pounds of food and fed over 700,000 neighbors in need.



2018 ANNUAL REPORT Equipment Library

In September 2018, we placed in service three wrapped and enclosed trailer units, three refrigeration units, two freezer units, and a robust starter equipment kit of 80+ items including pantry shelving units, storage containers, and food safety supplies to two veteran-focused agencies: Disabled American Veterans, Chapter 4, and PS Serving Veterans & Community. Both agencies serve homebound veterans, senior citizens, and additional community members living in a hard-to-reach neighborhoods. The equipment kits consisted of conveyor belts, wall-to-wall shelving, food-grade storage units, heavy-load dollies, steel-grade push carts, and more. These agencies will use the trailers and pantry equipment from our Equipment Library to expand their retail pick-up programs and ultimately serve more neighbors in need. We also introduced technology into our agency capacity building and supplied both agencies with a laptop for data reporting. We have provided training to their teams on how to sustain and grow their programs with website design, social media outreach, volunteer recruitment, and online fundraising.

3
TRAILERS

2
FREEZERS

3
COOLERS



TOTES, SHELVING,
CONVEYORS,
HAND CARTS, &
MORE!

"...PS Serving Vets & Community has been a blessing to the community. It allows many of the recipients to try foods that they may never have been exposed to otherwise. It BLESSES many of us to be able to put hot meals on the table and feed our families. I am so very grateful to PS Serving!!!!"

– Michelle, a client and supporter of PS Serving Veterans & Community



GREEN GOALS: Food Rescue Program

Five days a week, our fleet of refrigerated trucks picks up food donations from **over 100 local grocers**. We work closely with each grocery store’s staff to teach them how to donate close-to-code food that is no longer shelf-worthy but still healthy and wholesome.

Food Bank staff and volunteers then inspect and sort all donations to ensure food safety prior to distribution. The program saves millions of meals from going to waste in landfills and instead feeds thousands of our region’s most vulnerable residents.

This year the Food Bank’s retail grocery store program saved more than 7.2 million pounds of food from going to waste in landfills.



Food is the single largest component of municipal solid waste going to landfills and accounts for more than 20 percent by weight.

If the U.S. wasted 5 percent less food it would be enough to feed 4 million more people.

*According to A-Z Solutions

Walmart

“Helping others and feeding the local community is what is important with our perishable donation program. I am very proud of our team’s commitment and efforts. We are making sure edible foods like fruit and healthy produce go towards a great cause to help our neighbors in need of a meal.”

KIDS MEAL CAMPAIGN

In our region, more than 73,000 children lack sufficient nutritious food to grow, thrive, and achieve. Food insecurity exposes these children to the risk of delayed cognitive development, behavioral problems, and diet-related diseases. Our Kids Meal Campaign offers a continuum of interconnected services to ensure that all children have year-round access to healthy food choices.

Weekenders Backpack Program

Free and reduced-price school meals sustain thousands of children in Central Alabama during the week, but what happens to these students over the weekend? After receiving reports from teachers about children arriving to school hungry on Monday mornings, we launched the Weekenders Backpack program that provides weekend meal kits to children on Fridays so they arrive to school Monday ready to learn without the distraction of hunger.

42,662
weekend
meals

Served to
> 800
kids



Family Markets

Through surveys, we discovered that 95% of children in the Weekenders Backpack Program were sharing their meal kits with siblings or parents. **The Family Market program is a food pantry on wheels that delivers fresh fruits, vegetables, and other staples to entire families** referred to the program by school principals. It is open at convenient times when parents are picking up or dropping off their children at school. Our Family Market Program is among our fastest-growing programs – In only 3 short years, we have implemented and now maintain school pantries **in 21 schools across 5 counties**. This model allows us serve more children with healthier food options and has strengthened relationships between parents and school administrators.

2

• Pounds of food distributed

136,534

0

• Meals provided

113,786

1

• Individuals served

3,156

8



Serving families as a whole

Summer Meals

The Food Bank's Summer Meals Program provides healthy breakfasts, lunches, and snacks to kids throughout the summer months of May, June, July, and August, ensuring they have year-round access to the nutritious foods they need for strong bodies and curious minds. We do this in conjunction with the Alabama Food Bank Association.

In 2018, we partnered with 14 sites to provide free, wholesome meals to more than 1,200 children in four counties every weekday. Together, we're helping to prevent summer learning loss—and making sure kids can focus on just being kids in summer! We are also working with Alabama farmers to include fresh, locally-grown produce such as watermelon, blackberries, and cucumbers in the Summer Meals menu. This year we even had salads as an entrée.



14 Sites
1,269 Kids
77,147
Meals



MOBILE FRESH- MOBILE PANTRIES

**4 SITES-EVERY MONTH IN
TARRANT, BESSEMER,
MONTEVALLO, & ONEONTA**



Our Mobile Pantries deliver fresh fruits, vegetables, and other healthy staples to communities where low-income residents have limited transportation, high rates of diet-related diseases, and no access to charitable feeding programs within the neighborhood's borders.

This year we provided **182,294 meals** to 4,221 seniors, neighbors, and family members in need through this mobile service to four communities in Tarrant, Bessemer, Montevallo, and Oneonta. This effort would not be possible without the generous support of the Junior League of Greater Birmingham, Homewood Church of Christ, Shipt, and Tyson Foods, as well as the Junior League, Homewood COC, BBVA Compass, and Mountain Pointe Ministries volunteers who run each distribution.



MOBILE FRESH- CORNER MARKET



The Food Bank launched the Corner Market in August of 2017 to provide healthy, affordable food to low-income families, disabled people, and senior citizens living in neighborhoods without full-service grocery stores. The market serves as a grocery store on wheels. Customers file through the single aisle of the 24-foot trailer browsing through fresh fruits and vegetables, lean meats, dairy products, pasta, bread, and other food items.

While waiting to get inside the trailer to shop for groceries, customers can take advantage of other on-site services. Representatives are on hand to provide health screenings, information about SNAP benefits, Medicare Savings Programs, Farmers' Market vouchers, and other services. There are also educational cooking demonstrations that offer customers tips on how to prepare nutritious meals for their families.

In a typical month, about 150 people shop at the market, and the Food Bank plans to extend that reach by adding additional stops year after year. Corner Market also participates in the Double Up Bucks program so SNAP benefits are doubled to allow consumers to get even more fresh produce!

MOBILE FRESH- DOUBLE UP FOOD BUCKS

Double Up Food Bucks helps low-income families on SNAP eat more fruits and vegetables while supporting American farmers and growing local economies. For instance, if a family spends \$20 in their SNAP benefits at the farmers market, they get \$20 in Double Up Food Bucks to spend on locally grown fruits and vegetables. This means they bring home \$40 of healthy food for just \$20.

In 2018, The Community Food Bank partnered with **8 farmers markets** in addition to our Corner Market mobile grocery store on the Double Up Food Bucks program. We added **2 new markets in 2018**, the Bessemer Market and the Market at UAB Medical West, which sells fresh fruits and vegetables directly to patients and families visiting the health center. We saw an increase in SNAP transactions and sales as well as a corresponding increase in Double Up tokens distributed and redeemed. Overall, there was a roughly 13% increase in customer program participation and a continued influx of new customers.

DUB REDEEMED AT LOCAL MARKETS: \$12,782



RX HEALTH

“I can’t always eat the way you want me to,” said a patient of Erin Clarkson (LMSW, MPH). Erin is a clinician at UAB’s PATH Clinic, which serves uninsured patients with diabetes. “Sometimes I can only eat one meal per day, and I don’t always know where that meal is going to come from,” the patient explained.

When Erin asked her patient if her son could help with groceries, the patient recoiled. “I’m not going to tell him. I don’t want to be a burden on him – he has his own family to worry about.” This exchange haunted Erin. So many of her patients struggled to manage their diabetes because they could not afford to buy the healthy foods she prescribed in their diet plan.



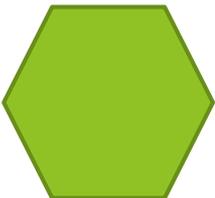
Last spring, the Community Food Bank worked with Erin and other UAB clinicians to design a program that meets the needs of food insecure patients. The initiative called **Rx Health fosters healthy food access for uninsured patients** with diabetes or heart failure. With generous support from UAB’s Community Impact Grant Program, the Food Bank introduced a food insecurity-screening tool proven valid in medical settings to the staff of UAB’s PATH and Heart Failure Clinics. Patients who screen positive go home from the clinic with fresh produce, healthy dry goods, and referrals to benefit programs like SNAP (food stamps). It is one-stop, wrap-around care.

Since its launch, Rx Health has provided fresh produce and low-sodium foods to over 269 patients. “Immediately providing fresh produce to a patient who has just told you they are out of food is so impactful. It’s also a wonderful teaching moment to show patients how to manage a diet-related disease with health food choices,” says Erin.

ENDING SENIOR HUNGER

In 2018, over 22,000 pounds of food were distributed through senior-specific programs. Additionally, 3,056 protein packs designed to meet special nutritional needs of seniors were distributed along with pantry staples and produce. Some of our Partner Agencies have also begun setting up pantry distributions just for them.

“I was a geriatric nurse – I visited people in their homes. I saw the need, oh Lord,” says Mary Swain, director of Christ Deliverance Food Pantry. That’s why she started this special senior day. “The seniors love [their special distribution day.] A lot of the seniors use walkers or have oxygen tanks. This way is safer, and we can serve them much faster. They also love getting together and talking. The protein packs are great too! It is easy for them to prepare and healthy for them because they don’t get a lot of protein, because they cannot afford it.”



**18,974 meals given to
our seniors in need**

SNAP OUTREACH

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, is the safety net of nutrition in America. Our SNAP Outreach Program works with community organizations and volunteers to reach households struggling with hunger who qualify for SNAP but face barriers to beginning the application process. Improving SNAP participation among eligible families allows food bank agencies and community organizations to direct more resources to food insecure households that are just above the SNAP qualification threshold. SNAP Outreach staff coordinate services at local organizations with clients needing food assistance, providing general SNAP information, as well as in-person assistance with the application process.

The SNAP Outreach Program uses a variety of avenues, but are not limited to the following opportunities for outreach: health fairs, agency food distributions, direct mail initiatives, mobile pantries, and local community resource hubs.

In 2018 the SNAP Outreach Program strengthened the Benefits Enrollment Center (BEC) which provides assistance for low-income seniors and persons with disabilities in navigating the application process and enrolling in in-kind benefit programs for which they are eligible. By helping improve program participation, clients can have the opportunity to supplement their budget and put money towards necessities like prescriptions, insurance, and housing costs.

Also in 2018, our SNAP Outreach Coordinator, Adrian Anderson, had the opportunity to strengthen SNAP work and advocacy through a number of professional development opportunities through Feeding America and the Food Research Action Center (FRAC). The SNAP Program was awarded grants to participate in the SNAP Capacity institute to strengthen SNAP work throughout the service area and educate peers and constituents of the developing work of SNAP.

In February of 2018 Adrian attended the FRAC conference which provided training and education to professionals and community members alike on the strategies and the importance of advocacy related to issues of hunger, food insecurity, and health. While attending this conference, she was able to speak with Alabama Representatives and Staff regarding policies that could reduce food insecurity and malnutrition for Alabamians.



FINANCIALS: FY 2018

SUPPORT AND REVENUE	UNRESTRICTED	TEMPORARILY RESTRICTED	TOTAL
CONTRIBUTIONS	\$892,317	\$598,195	\$1,490,512
UNITED WAY	\$352,530		\$352,530
GRANTS AND CONTRACTS	\$346,330		\$346,330
Donated Food & Goods	\$17,491,447		\$17,491,447
PROGRAM SERVICE FEES	\$1,522,991		\$1,522,991
SPECIAL EVENTS, NET	\$17,836		\$17,836
INTEREST INCOME	\$15,186		\$15,186
RELEASES FROM RESTRICTIONS	\$371,638	\$(371,638)	
TOTAL SUPPORT & REVENUE	\$21,010,275	\$(226,557)	\$21,236,832

EXPENSES	UNRESTRICTED	TEMPORARILY RESTRICTED	TOTAL
COMMODITY DISTRIBUTION	\$20,338,464		\$20,338,464
MANAGEMENT & GENERAL	\$184,718		\$184,718
FUNDRAISING	\$157,294		\$157,294
TOTAL EXPENSES	\$20,680,476		\$20,680,476
CHANGE IN NET ASSETS	\$329,799	\$226,557	\$556,356
NET ASSETS, BEGINNING OF YEAR	\$3,909,236	\$239,211	\$4,148,447
NET ASSETS, END OF YEAR	\$4,239,035	\$465,768	\$4,704,803

GROCERY STORE FOOD DONORS

OVER 150,000 POUNDS

Publix DC 4109
Sam's Club # 4836
Sam's Club # 8247
Traders Joe's Store # 737
Sam's Club #4724
Walmart #301
Walmart #4497
Walmart #3271
Sam's Club #4817

OVER 100,000 POUNDS

Wal-Mart #1229
Publix -Food Drive
Wal-Mart. #5113
Wal-Mart. #1201
CVS/Bessemer
Wal-Mart #730
Wal-Mart #2111
Wal-Mart #562
Publix 1200
Wal-Mart #764
Publix #1508

OVER 50,000 POUNDS

Wal-Mart #809
Wal-Mart #4330
Wal-Mart Market #4189
Walmart #3184
Wal-Mart #287
Publix.#1370
Publix #1476
Publix Reclamation Center
Wal-Mart. #315
Wal-Mart. #3386
Wal-Mart #329
Wal-Mart. #5262
Wal-Mart #432
Publix #1065
Target.--Hoover
Wal-Mart. #1711
Wal-Mart. #4504
Target.--Inverness
Publix #882
Wal-Mart #1158
Wal-Mart #423
Publix #1073
Wal-Mart. #4580
Publix.#838
Wal-Mart #409
Publix #1391

OVER 15,000 POUNDS

Wal-Mart #2713
Publix #1545
Publix #1074
Wal-Mart #5126
Sprouts #482
Publix #1082
Wal-Mart. #1481
Publix #1512
Wal-Mart. #2723
Target #2796
Publix.#1420
Sprouts #480
Walmart #3424
Walmart Market #4756
Publix #1069
Publix #165
Winn-Dixie #447
Wal-Mart #316
Target.--Oxford
Publix #1206
Sam's Club #8212
Target.-Fultondale
Save-A-Lot #584
Aldi #95



Over 10,000 POUNDS

Aldi #31
Target #2375
Publix. #839
Costco Wholesale #362
Publix.#1207
Winn-Dixie #445
Aldi #78
Winn-Dixie. # 509
Winn-Dixie #496

BOARD OF DIRECTORS

Officers

Mr. George W. Bradford, *President*

Mr. David Wilson, *Vice-President*

Mrs. Mary Alice Kline, *Treasurer*

Mrs. Ellie Taylor, *Secretary*

Members

Mr. David Bell

Mr. R. Ed Goodwin, III

Dr. Elicia Jacob

Mr. William Owens

Mr. F. Wayne Pate

Mr. David Wood



AGENCY ADVISORY COUNCIL MEMBERS

Blount County	Katrinka Bryant (Mountain Pointe Ministries)
Calhoun County	Judy Papic (Cornerstone Worship Center)
Cherokee County	Cindy McGinnis (Family Care Center)
Clay County	Dr. George Beale (Ashland First UMC)
Etowah County	Alexcia Hembree (Christ Central Church)
Jefferson County	Stephanie Landry (Green Valley Baptist Church) Gerry L. Glaze (St. Paul Lutheran Church) Barbara Carlton (Salvation Army City Command) Victoria Rudolph (New Pilgrim Baptist Church) Rosemary Dallam (Bluff Park UMC) Roxanne Agerston (Rebirth Christian Fellowship) Leigh Ann Sisson (Avondale Samaritan Place)
Shelby County	Ken Stroup (Alabaster Church of God) Jerry Campbell (Love in Action)
St. Clair County	Dawn Ellard (Shepherd Supply)
Talladega County	Marsha Martin (Lincoln Food Pantry) Jim Jones (Alabama Childhood Food Solutions) Mary Swain (Christ Deliverance Christian Center)
Walker County	Peggy Wall (Christian Place Mission/Nauvoo UMC) Martha Warren (Feed My Sheep) Billy Gilliland (Dilworth Church of God)
Winston County	Jim Baird (Main Street Ministries)



ADMINISTRATION

Kathryn Strickland
Executive Director

Elizabeth Wix
Director of Partnerships

Andrea Brown
Business Manager

Graham White
Agency Relations Manager

Jon Barnacastle
Programs Coordinator

Shalitha McLean
Volunteer Coordinator

Jamie McLynn
Special Projects Coordinator

Dakota Rhodes
Healthy Food Access Coordinator

Kelsey Rowe
Summer Meals Coordinator

Nicole Standridge
Partner Services Coordinator

Jessica Taylor
Food Donor Coordinator

Remi Yarbrough
Partner Services Coordinator

OPERATIONS

Wayne Linder
Director of Operations

Robbie Pine
Assistant Director of Operations

Harold Holston
Inventory Control Manager

Dennis Baldwin
Warehouse Associate

Gerald Cumbie
Warehouse Associate

Tommie Frazier
Warehouse Associate

Chastity Fuller
Warehouse Associate

Donald Hardwick
Warehouse Associate

Darrell Paige
Warehouse Associate

CeDrico Huggins
Warehouse Associate/Driver

Robert Littlejohn
Warehouse Associate/Driver

Howard Burnett
Driver

Bobbie Delander
Driver

Mario Dorsey
Driver

Ronnie Harbison
Driver

Larry Kotlik
Driver



TOGETHER WE SOLVE HUNGER

Partner Agency of:



United Way
of Central Alabama, Inc.

MEMBER OF
FEEDING
AMERICA

WWW.FEEDINGAL.ORG



**107 Walter Davis Drive
Birmingham, Alabama 35209**